

May 2017

Elementary School

LUNCH

Breakfast	8:30 – 9:00	Lunch	
	Reduced	Reduced	
Student	FREE	Paid	FREE
Adults	FREE	Paid	FREE
	\$2.40		\$3.80

MENU SUBJECT TO CHANGE



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Asian & Pacific Islander Heritage Month
Jewish American Heritage Month

Monday

Chicken Jambalaya w/Rice 1
V: Seafood Jambalaya w/Rice
 Corn
 Apple Sauce
 Asst. Milk

Tuesday

Tacos 2
V: Fish Tacos
 Black Bean Salsa
 Peaches
 Asst. Milk

Wednesday

Ham & Cheese Croissant 3
V: Cheese Croissant
 Tomato Soup & Carrots Sticks
 Pears
 Asst. Milk
 Hash Brown

Thursday

Lasagna 4
V: Vegetable Lasagna
 Green Beans
 Mixed Fruit
 Asst. Milk

Friday

Pepperoni Pizza 5
V: Cheese Pizza
 Caesar Salad
 Fresh Honeydew
 Asst. Milk

Hot Dog on a Roll 8
V: Baked Beans
 Peaches
 Asst. Milk
 French Fries

Baked Potato Bar w/ Chili 9
 Broccoli
 Apple sauce
 Asst. Milk

Chicken Quesadilla 10
V: Cheese Quesadilla
 Carrot Sticks w/ Dip
 Mixed Fruit
 Asst. Milk
 Hash Brown

Loaded Nachos w/Chili 11
V: Cheese Nachos
 Corn
 Pears
 Asst. Milk

Mozzarella Cheese Sticks w/ Sauce 12
 Baked Cookie
 Toss Salad
 Orange Wdges
 Asst. Milk

Chicken Nuggets 15
V: Fish Nuggets
 WG Gold Fish
 Vegetarian Beans
 Mixed Fruit
 Asst. Milk

Sloppy Joe on a Roll 16
V: Fish on a Roll
 Corn
 Pears
 Asst. Milk
 Hash Brown

Turkey Club Wrap 17
V: Three Cheese Wrap
 Green Bean
 Peaches
 Asst. Milk

Steak Umm on a Roll 18
V: Caprice Wrap
 Cole Slaw
 Apple Sauce
 Asst. Milk
 Potato Rounds

Cheese Pizza 19
 Caesar Salad
 Fresh Honeydew
 Asst. Milk

Cheeseburger 22
V: Veggie Burger
 Vegetarian Beans
 Peaches
 French Fries
 Asst. Milk

Meatball Parm Sub 23
V: Three Cheese Sub
 Tomato Salad
 Apple sauce
 Asst. Milk

Asian & Pacific Islander Heritage 24
Chicken Teriyaki w/Lo Mein
 Broccoli
 Mixed Fruit
 Asst. Milk

French Toast Sticks w/Turkey Sausage 24
V: Falafel Patties
 Corn
 Pears
 Asst. Milk

Pepperoni & Cheese Bread w/ Sauce 26
V: Cheese Bread w/ Sauce
 Toss Salad
 Fresh Honeydew
 Asst. Milk

NO SCHOOL 29

Chicken Patty on a Roll 30
V: Falafel Patties on a Roll
 Baked Beans
 Mixed Fruit
 Asst. Milk
 French Fries

Loaded Nachos w/Chili 31
V: Cheese Nachos
 Corn
 Pears
 Asst. Milk

