

June 2018

JR/SR High School



Breakfast	7:30 – 8:00		Lunch	
	Reduced	Paid	Reduced	Paid
Student	FREE	FREE	FREE	FREE
Adults		\$2.40		\$3.80

MENU SUBJECT TO CHANGE



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

CARIBBEAN MONTH



Monday

Tuesday

Wednesday

Thursday

Friday



Offered Daily
Asst. Sandwiches
Salad Bar
Asst. Fresh Fruit
Asst. 100% Fruit Juice

French Bread Pepperoni Pizza **1**
V: Cheese Pizza
Toss Salad
Peaches
Asst. Milk

NATIONAL CHEESE DAY **4**
Cheeseburger
V: Veggie Burger
Corn
Pear
Asst. Milk, French Fries

½ DAY **5**
NO LUNCH

Tacos **6**
V: Fish Tacos
Black Bean Salsa
Apple sauce
Asst. Milk

French Toast Sticks **7**
w/Turkey Sausage
V: Falafel Patties
Corn
Strawberry
Asst. Milk

Mozzarella Cheese Sticks **8**
w/ Sauce
Baked Cookie
Toss Salad
Fresh Cantaloupe
Asst. Milk

Loaded Nachos **11**
V: Cheese Nachos
Black Bean Salsa
Pears
Asst. Milk

Ham & Cheese Croissant **12**
w/Tomato Soup & Carrots
V: Cheese Croissant
Pears
Asst. Milk,
French Fries

Italian Mix Sub **13**
V: Caprese Wrap
Caesar Salad
Peaches
Asst. Milk
Potato Chips

Turkey Club Wrap **14**
V: Roasted Veg. Wrap
Broccoli w/ Dip
Peaches
Asst. Milk
Potato Chips

½ DAY **15**
NO LUNCH

18

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